

# Scrutiny Board (Adult Social Care) APPENDIX 2

## Scrutiny Board Inquiry: Supporting Working Age Adults with Severe and Enduring Mental Health Problems Working Group Meeting: 19<sup>th</sup> October 2009

Present     **Members**  
 Cllr Judith Chapman – Chair (JC)  
 Cllr Sue Bentley (SB)  
 Cllr Clive Fox (CF)  
 Cllr John Illingworth (JI)  
 Cllr Eileen Taylor (ET)  
 Joy Fisher ( co-opted member) (JF)  
 Eddie Mack (co-opted member) (EM)  
 Sally Morgan (co-opted member) (SM)  
**Leeds Partnership NHS Foundation Trust**  
 Michele Moran - Director of Service Delivery & Chief Nurse (MM)  
**Officers**  
 Kimberley Adams – Business Change Manager (KA)  
 John Lennon – Chief Officer, Access and Inclusion (JL)  
 Kwai Mo – Manager Mental Health (KM)  
 Sandra Newbould – Principal Scrutiny Advisor (SN)  
 Gil Threadgold – Community Alternatives Team (GT)  
 Julie Strickland – Community Alternatives Team (JS)

Apologies   Cllr James McKenna

No.	Item	Action
1	<p><b>Attendance</b></p> <p>The attendance and apologies as above were noted.</p> <p>The Chair welcomed everyone to the meeting.</p> <p>Personal Interests Declared:            Joy Fisher – Co-Chair of the LINK            John Illingworth – Spouse providing support to the Bethel Day Centre            Eileen Taylor – Employee of Leeds Mental Health Trust</p>	
2	<p><b>Inquiry Introduction</b></p> <p>Both the Chair explained the purpose of the working group and gave a brief summary of Scrutiny Board events arising on the run up to the first meeting of the working group.</p>	
3	<p><b>Presentation – The Vale Day Centre</b></p> <p>Kim Adams presented an overview of the services provided by the Vale Day Centre as an example of a Council run service for those who have long term and enduring mental health problems.</p> <p>The centres aims are to reduce hospital admissions, medication and the reliance on services and help people to gain experience of employment. Link workers re in place to find local opportunities that may be useful for service users such as leisure activities, educational courses and volunteering.</p> <p>The centre runs a number of therapeutic groups to promote wellness, recovery and healthy living.</p>	

	<p>I.R.I.S – The working group were advised that this group assisted those seeking support through faith by making links with local faith communities.</p> <p>The centre works with various partners including the PCT, VCFS (Community Links, Touchstone, Potterdale, MIND, Working Minds, Making Space, CAB) and the local community.</p> <p>New Leaf Gardeners – This service promotes recovery through employment as it encourages integration and social inclusion. It also enables individuals to gain a horticulture qualification.</p> <p>Questions Arising:  CF – Who decided what sort of function should be provided and is it saving the NHS money?  JC – Is there an aspect of voluntary sector contribution by way of funding?  SB – Is there any hard evidence to demonstrate that hospital admissions, and medication is reducing?  JI – stated that in his experience mental health staff are the first to lose their jobs in a bad economic climate, when more staff are required.  EM – Is The Vale open to all those who have a need identified?  JC – How are we caring for those with personal budgets?</p> <p>In response the group were advised that based on feedback from service users and data based on hospital admissions then yes it is a preventative measure. Some evidence has been collected at case review. The service is a pathway to recovery to maintain stability. It is a base for people to move into the community. The core funding is provided by the Council. 150 people currently attend the centre, it is not restricted to a certain element of the community. Those who have opted for self directed support may have more regular review meetings depending on their ability to manage their budget and professionals generally co-ordinate care.</p>	
4	<p><b>Presentation – Community Alternatives Team</b></p> <p>The working group was presented with an overview of the CAT service. This is not a buildings based service like The Vale but provides opportunities for people to participate in activities within their local communities through a variety of activities and groups. This includes participation in sports, exercise and social groups.</p> <p>The approach is person centred, providing support in coping with real life situations. Service users are encouraged to set up their own groups or social networks if the social activity is not supported already by CAT.</p> <p>The service aims to reduce hospital admissions and medication and</p>	

	<p>help service users gain paid or voluntary employment.</p> <p>Questions Arising:  EM – How do people gain access to this service?  JI – stated that he fully endorses physical activity  SB – Does the HUB provide further information?  JC – Is the Health and Wellbeing Board involved?  JF – Expressed concern regarding the funding of such initiatives as it can be detrimental to wellbeing in general when faced with barriers in gaining investment.  SM – stated that there is a tendency to focus on services in central Leeds what happens in the outlying areas?</p> <p>In response the group were advised that access is gained through referral by Social Workers or GP's or by the individuals themselves. Information is provided in a number of formats such as hard copy distributed in Council buildings and GP surgeries, and on the web. The Health and Wellbeing board are involved. The CAT have not experienced difficulties in obtaining the necessary funding required, which is from one source and is paid. CAT has service users across the whole city, and one group meets regularly in Pudsey. Further services are being developed in other areas of the city.</p>	
5	<p><b>Mental Health Services Report</b></p> <p>An overview of Mental Health Services was presented by Kwai Mo to the working group who advised that the ASC mental health unit hosts the majority of mental health professionals to meet statutory responsibilities under the Mental Health Act, managing the Deprivation of Liberty Safeguards enquires and Mental Capacity Act assessments. Programmes of training and refreshers are in place to ensure staff are suitably trained to meet the legislative requirements. Posts are funded by both Leeds City Council and Leeds Partnership Foundation Trust.</p> <p>Individuals with complex needs are assessed and a plan is put in place with reviews by a care co-ordinator. Other preventative measures include relapse prevention, risk assessment and information and support for family and carers.</p> <p>The modernisation of services focuses more on outcomes for the individual schemes such as the Independent Living Project and the day centre review will move resources from traditional buildings based provision to models that offer more choice control and better community integration.</p> <p>Nationally the take up of Self Directed Support by mental health service users has been low, this trend is reflected in Leeds. To counter this a mental health social worker will be joining the Early Implementer project to work with service users who potentially may</p>	

	<p>benefit from direct payments and personal budgets.</p> <p>Questions Arising:  JC Referred to paragraph 3.3 and 3.4 and asked what the position is in Leeds with integrated services and what still needs to be done to ensure an efficient integrated service. An action plan was requested  SB – What about those aged over 70</p> <p>In response JC was advised that a copy of the planned integration improvements could be provided. SB was reminded that the working group is considering adults of working age only defined in the terms of reference.</p>	JL
6	<p>Further Action</p> <p>Session 2 - During the second session of the inquiry the working group will examine:</p> <ul style="list-style-type: none"> <li>• Commissioning and Care Provision:  How do we prevent individuals discharged from hospital falling between services or getting lost in the system? What do we do to ensure care pathways are in place to facilitate care after discharge from hospital? How much choice and control is available to individuals or their representatives.</li> <li>• The different types and scope of services provided by Voluntary Community and Faith Sectors, Private Sector, The NHS and the Council and how these compare in terms of quality and value for money. Identification of levels of need and capacity, potential duplication or an element of the service that is missing in the City.</li> </ul>	
6	<p>Future Meeting Dates</p> <ul style="list-style-type: none"> <li>• 25<sup>th</sup> November – 10am – 12:00 - Blue Room</li> <li>• 15<sup>th</sup> December – 2pm – 4pm</li> <li>• 14<sup>th</sup> January 2010 – 10am - 12am</li> </ul>	SN